THEY LOVE IT AND THEY LIVE IT

THE PARTY NEVER ENDS FOR ICONA POP. PAGE 10

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Thursday, September 19, 2013 www.metro.us | t: MetroPhilly | f: MetroPhilly

REID OPTION

Showdown at the Linc
The old school. Andy Reid returns to town tonight to take on his former team on Thursday Night Football. **The new school.** Chip Kelly forces old-school NFL thinkers to change their style.

PAGES 25-27

Andy Reid returns to Lincoln Financial Field tonight to face Chip Kelly and the Philadelphia Eagles. / GETTY IMAGES

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1 NEWS

FBI: Man got 12-year-old New Jersey girl pregnant

Predator. The FBI is seeking more victims of a sex offender who allegedly repeatedly sexually abused a minor.

Investigators with the FBI's Newark Division arrested a man accused of traveling across state lines to sexually abuse a 12-year-old girl, who allegedly became pregnant and gave birth to the suspect's child.

Authorities said the information came to light through a disturbing series of phone and text message exchanges between Joseph Anthony Caracciolo, now 47, and the young victim, resulting in Caracciolo's arrest Aug. 28 in Atlantic County.

According to a criminal complaint filed Tuesday, the investigation touched off when the FBI last month learned of an investigation by the Egg Harbor Township Police Department into the pregnancy of a 12-year-old girl, now 13, who gave birth in April.

The juvenile victim, identified in court documents only as "Victim 1," allegedly said Caracciolo repeatedly had sex with her in May through August 2012, traveling from New York to her father's home in Egg Harbor Township, as well as taking her from New Jersey to the Pocono Mountains in Pennsylvania.

The complaint states Victim 1 in late August agreed to let law enforcement monitor her communications with Caracciolo, in which he allegedly admitted to fathering the child, referring to the girl's baby as "our child" and "my daughter."

Caracciolo is currently imprisoned at the Atlantic County Jail on $300,000 cash bail.

Investigators are now seeking the public's help in identifying additional possible victims of the alleged serial predator, who has since the 1990s lived in California, Florida and New York, and traveled extensively to New Jersey, Connecticut and Virginia.

Caracciolo has at times represented himself to be a chef, pediatric dentist, business owner, salesperson, electrician's assistant and a cancer patient, according to investigators.

The complaint states he also has a lengthy criminal history, including convictions for bigamy, larceny and failure to register as a sex offender.

Aug. 22 phone exchange

Caracciolo: Let's talk about our child, OK?
Victim 1: OK. What do you want to know?
Caracciolo: I want to know when, um, I'll be going to court on Monday, so I will be fighting for her, OK, to be able to see her.
...
Caracciolo: Yeah, and why do you keep saying 'my baby'? You always say that and I hate that. You never say "ours;" you always say mine.

Caracciolo, 47 / FBI

ALEX WIGGLESWORTH
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Top 3

What's trending online at Metro.us

1 'VIDEO: Guys tip servers $200, record their reactions'

2 'Fort Bragg soldier and wife made dog pornography, posted it online: Police'

3 'VIDEO: How does a blind person read comments on Instagram?'

Quoted

"Our inspection team found the conditions of these bridges were worse than what we observed four years ago."

City Controller Alan Butkovitz after a follow-up review of the Streets Department's Bridge Maintenance Unit.

A good time for a little self-reflection

Kareen Townes, with Jenkintown Services, cleans the windows of the Loews building on Market Street near City Hall yesterday afternoon. / CHARLES MOSTOLLER, METRO

Yum. NoLibs eatery PYT comes in at 10 on 'best burgers' list

Social media site Foursquare released a list of the top 10 burger joints in the country yesterday — and one Philadelphia eatery made the cut.

The list compiled in honor of National Cheeseburger Day rated the restaurants based on the number of check-ins to the popular site.

Retro-hipster hot spot PYT, located at the Piazza in Northern Liberties, came in at number 10, with more than 31,400 check-ins.

The restaurant, which bills itself as the "home of America's craziest burgers," is famed for its rotating roster of creations, such as the Fried Guacamole Burger and the Spaghetti Burger, as well as for its adult milkshakes.

Perhaps unsurprisingly, the original Shake Shack in New York City's Madison Square Park topped the list with over 71,400 check-ins, while other contenders included Los Angeles' In-N-Out Burger, Zombie Burger + Drink Lab in Des Moines and YEAH! Burger in Atlanta. ALEX WIGGLESWORTH

Homecoming

Wounded officer released

A Philadelphia police officer shot in the line of duty last month was released yesterday from Temple University Hospital after undergoing multiple surgeries.

Officer Edward Davies was shot just below his bulletproof vest while chasing a suspect who allegedly fled a traffic stop and ran into a Feltonville corner store. He was initially placed in extremely critical condition. METRO

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Horses forced out of Philly, will move to Del.

Nay. New City Council bills caused horse owner to book it.

Children learn about horses at Kids In Sports Stay Out Of Courts, LLC. / RIKARD LARMA, METRO

Adrienne Sheree is taking her horses and moving to Delaware.

Her thoroughbreds were part of a neglected group confiscated by the Society for the Prevention of Cruelty to Animals from a stable in North Philadelphia last year, but were returned to her after she proved the horses received sufficient care.

"But around the city, owners were just neglectful toward their horses," Sheree said.

In the past, neighbors have complained that owners would allow ponies to wildly roam and leave manure piles in the streets.

After fearing new bills introduced by City Council would force her out, she bought four acres of farm land in Camden, Del., and will move there this fall. Her horses are currently held in a stable in Germantown, located off of 20th Street and Church Lane.

The real estate broker also started a company, Kids In Sports Stay Out Of Courts, LLC, to allow underprivileged kids to help with the horses and to receive support in other areas.

"Sometimes these kids come running," Sheree said.

Quoted

"There are many cowgirls and cowboys in and around Philadelphia who provide excellent care to their horses."
Sheree

TOMMY ROWAN
tommy.rowan@metro.us

Coin toss

Cops: Woman arrested for throwing penny

Pennsylvania State Police on Friday arrested a Havertown woman for allegedly throwing a penny from a car window on I-76 near Spring Garden Street.

Investigators said Jennifer Youngers, 25, was the front-seat passenger in a Jeep traveling west on the highway when shortly before midnight she threw the coin at a passing car. She was charged with criminal mischief and is next due in court Oct. 10. METRO

Gun violence. South Philadelphia man shot in face, arm

A South Philadelphia man was shot three times near his Wilder Street home yesterday.

He was taken to the Hospital of the University of Pennsylvania after the shooting on the 2200 block of Tasker Street, police said. He was last listed in critical but stable condition with one gunshot wound to his face and two to his arm.

Stray bullets struck two parked cars and a home on Tasker Street, police said.

One bullet went through a home's front window into the living room. A woman and her two grandchildren reportedly were sleeping in the home at the time. They were not hurt. METRO

Police are seeking:

Two suspects in connection with the shooting.

- The gunman is described as a black male, last seen wearing a dark hoodie.
- He was accompanied by a dark black male, thin, about 5-foot-7.

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Activists packed a City Council hearing on the proposed extension of the 21st Century Minimum Wage and Benefits Standard to show support for extending the ordinance to cover subcontracted workers.
CHARLES MOSTOLLER, METRO

Wage extension passes first vote by committee

Voted. City Council gave the preliminary green light to extend the city's minimum wage ordinance to subcontractors.

City Council yesterday voted to pass out of committee a proposed charter change that would give Council the power to extend the city's minimum wage and benefits ordinance to subrecipients of city contracts, leases and financial assistance.

Councilman W. Wilson Goode Jr. introduced the legislation last June after an opinion from City Solicitor Shelley Smith found Council did not have the power to compel the city to extend the wage standards.

Mayor Michael Nutter's Chief of Staff Everett Gillison yesterday said while the administration "is in agreement with the premise" of the proposed charter change, they are concerned its language could have a "chilling effect" on private developers who receive city financial assistance, as well as recipients of city grants.

The bill will be given a first reading at today's City Council session and could be up for a vote as soon as next week. If the legislation passes, it will be included as a ballot question during the May election, leaving the final decision up to the city's voters.

Brief history

An ordinance requires employers who are recipients of city leases to pay workers at least 150 percent of the federal minimum wage.

- City Council does not have the power to compel the city to extend that to city subcontractors or sublessees.

ALEX WIGGLESWORTH
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Unholy

Church bookkeeper arrested

Former Victory Fellowship Church bookkeeper James Moody was arrested yesterday for allegedly stealing more than $155,000 by secretly directing the church's payroll company to make regularly scheduled deposits into his personal credit union accounts — on top of his agreed-on compensation. METRO

Reason. Kutcher went to Kabbalah funeral

Actor and tech supporter Ashton Kutcher had cancelled yesterday's speaking gig at the University of Pennsylvania to travel to Israel for Kabbalah Chief Rabbi Philip Berg's funeral.

Kutcher was accompanied by girlfriend Mila Kunis. The two mourners wore white during the daytime service for Rabbi Berg, who died this week.

Kutcher was slated to talk at Bobby Turner's speaker series at the Wharton School of the University of Pennsylvania. Kutcher's appearance has not yet been rescheduled. METRO

Kutcher and Kunis / GETTY IMAGES

Global security under review after 'red flags' were missed

Aaron Alexis. Private pre-employment background checks also failed to flag him as a security risk.

Defense Secretary Chuck Hagel said yesterday the suspected Navy Yard gunman's background presented some "red flags" easy to spot in hindsight and ordered a broad review of security worldwide, including clearances.

Aaron Alexis, the 34-year-old suspect who was killed by police during Monday's shooting, received a security clearance more than five years ago when he was still in the Navy and kept it in his most recent job as a technology contractor at the Navy Yard.

Critics in Congress and elsewhere say his ability to keep his security clearance despite a history of misconduct, including while in uniform, shows serious flaws in the system.

Hagel, addressing reporters for the first time since the shooting said his deputy, Ashton Carter, would undertake two reviews — an examination of physical security and access procedures at all Defense Department installations worldwide.

Carter's review will look at the military's practices and procedures for granting and renewing security clearances, including those held by contractors.

General Martin Dempsey, chairman of the Joint Chiefs of Staff, said it would have been hard to foresee Monday's bloodshed. "I don't know what the investigation will determine, but he committed murder. And I'm not sure that any particular question or lack of question on a security clearance would probably have revealed that." REUTERS

Priscilla Daniels, whose husband Arthur Daniels was killed Monday, is comforted by Deputy Director of Constituent Services for Ward 7 Lynnell Humphrey. / GETTY IMAGES

Quoted

"Obviously, when you go back in hindsight and look at all this there were some red flags — of course there were. ... And should we have picked them up? Why didn't we? How could we have? All those questions need to be answered."

Defense Secretary Chuck Hagel

Beans, not bullets

Starbucks asks customers to leave guns at home

Coffee chain Starbucks Corp. has asked U.S. customers to leave their guns at home after being dragged into an increasingly fractious debate over gun rights in the wake of mass shootings.

While many U.S. restaurant chains and retailers do not allow firearms on their properties, Starbucks' policy had been to default to local gun laws, including "open carry" regulations in many U.S. states. REUTERS

Mind of a killer

What made Navy Yard gunman snap

Aaron Alexis displayed signs of psychological trouble before he killed 12 people, experts told Metro. He was arrested twice for gun-related incidents in 2004 and 2010, and was discharged from the Navy after a disorderly conduct arrest in 2008.

He had also seemed increasingly agitated to his peers. He complained that his company owed him money, reported ABC, and friends described him as paranoid. Dr. Peter Langman, author of "Why Kids Kill: Inside the Minds of School Shooters," told Metro that one common trait of mass killers is that they feel wronged and want to take revenge. "He felt victimized in the Navy and he went after random people somehow connected in his mind to the organization that served him the injustice," explained Langman. He added that Alexis' history of violent behavior coupled with his gun use made him particularly dangerous. ANDREA PARK

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'If time doesn't stop us, then what will?'

Raul Alejandro Cantora, New York

Category: Sight

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US regulator says small banks could face cyber threat

Attacks. Websites of major U.S. banks were taken down last year.

The Office of the Comptroller of the Currency said yesterday that it is devoting significant resources to help smaller, community lenders fend off cyber attacks, after hackers attacked many major U.S. banks last year.

Community banks often rely on outside providers for information technology services and may lack the resources or expertise to guard against cyber threats, Comptroller of the Currency Thomas Curry said.

He said his office has established a senior position to coordinate with other government agencies and the private sector on systemic cyber concerns, and it has teams of supervisors focused on information-technology security at the largest banks.

"We have much work to do as regulators to make sure the banks and thrifts we supervise are doing everything necessary to protect themselves," Curry said in prepared remarks for a speech in Washington.

Curry said that regulators also would be assessing whether they have the right powers to guard against hacking attacks and that, if necessary, they could ask Congress for more authority.

A series of so-called "denial of service" attacks in the last year repeatedly took down the websites of major U.S. banks.

Curry / GETTY IMAGES

Quoted

"It's important to remember that cyber security is a safety and soundness issue, and more specifically, an example of operational risk." Curry

JPMorgan Chase, Wells Fargo, Citigroup and Bank of America were targeted, forcing banks to spend millions to fend off hackers.

REUTERS

Thumbs up. iPhone fingerprint scanner gets early plaudits

The fingerprint reader on iPhone 5S received an early thumbs up for ease of use, helping dispel concerns about the scanning technology that has been notoriously unreliable in other cellphones.

Apple's scanner is seen as a first step toward realizing the full potential for biometrics in personal electronics, heightening security for applications like banking and shopping.

REUTERS

Flagship phone

BlackBerry unveils the new Z30

BlackBerry Ltd. launched its new Z30 flagship smartphone yesterday, as it battles to win back market share amid uncertainty over its future.

BlackBerry said last month it was weighing options that could include an outright sale, in the face of lackluster sales of its new devices that run on the BlackBerry 10 operating system.

The long-rumored Z30 device, unveiled at an event in Kuala Lumpur, Malaysia, will be BlackBerry's new top-of-the-line device, taking the crown from the smaller Z10 that was launched early this year.

The new touch-screen device will compete against the likes of the iPhone 5S and Galaxy S4.

REUTERS

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Talking points

Hemsworth moves on, very quickly

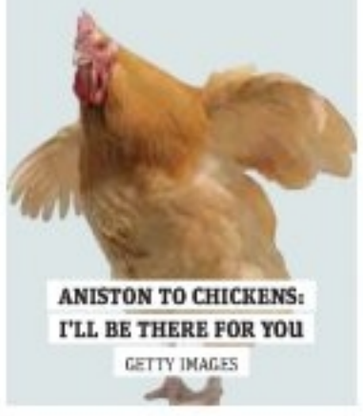
Liam Hemsworth seems to be taking his split from fiancee Miley Cyrus quite well. The actor reportedly hit it off with actress Eiza Gonzalez in Las Vegas after they had "just met," chatting over drinks at a nightclub, according to TMZ. And back in Los Angeles, Hemsworth was spotted stopping by her apartment — and engaging in quite the passionate lip-lock.

Madonna's best gift ever

Madonna didn't hold back when taking part in a recent Reddit Ask Me Anything session, fielding all sorts of questions. For example, the last dream she remembers having that she's willing to share? "Brad Pitt and I were living together and there was a small blond child in the bed," she responded. And how about the best birthday present? "I got a bong in the shape of a penis," she replied.

Chickens in Aniston's Bel Air mansion

If acting doesn't work out for Jennifer Aniston, she can fall back on being a chicken farmer, as the $21 million Bel Air mansion she and fiance Justin Theroux purchased came with some feathered roommates. "We inherited the chickens from the previous owners," Theroux tells GQ. "They were like, 'Of course we'll get rid of the chickens,' and we said, 'Are you crazy? Don't get rid of the chickens. That's half the reason we wanted this place.'"



ANISTON TO CHICKENS: I'LL BE THERE FOR YOU
GETTY IMAGES

1

ZAC EFRON
WIREIMAGE

Zac Efron went to rehab for cocaine

Zac Efron's people came clean yesterday and said that he'd recently completed a stint in rehab for alcohol abuse. However, that burst of honesty may have been a bit of sleight of hand to distract from something they still didn't want to talk about: It was reportedly cocaine, not alcohol (or not just alcohol), that drove the once squeaky-clean "High School Musical" star to seek treatment. According to TMZ, Efron's problem was at its worst this spring, when he missed several days of filming on Seth Rogen's "Neighbors" due to his cocaine abuse.

Uh ... so? I mean yeah, cocaine's illegal and a harder drug, but am I the only one surprised that this is such a big deal? Addiction is addiction, and he's in treatment for whatever it was. Also, everyone in Hollywood seems to do drugs. Betty White probably does drugs. How else could she be so perky at her age?

Metro/Melinda Taub

Cher isn't impressed by Miley Cyrus' dance moves — or her dental hygiene. / GETTY IMAGES

Don't make Paltrow touch a used toilet paper roll

And here I thought the people who brought flip-flops to wear in the gym shower were high maintenance — but they don't touch Gwyneth Paltrow. The actress reportedly has an assistant go in and wipe down her gym's shower before she uses it. "She refuses to touch what she calls 'somebody else's shower water,'" a source tells Life & Style.

And don't even get her started on toilet paper. "She also refuses to use toilet paper that anyone has touched and demands an unopened pack."

This is a strange item. If you have the wealth and status of Gwyneth Paltrow, don't you have your own gym and trainer? Like, she probably won't be coming to my 12:30 p.m. Zumba class at Crunch. She can buy Crunch and all the new toilet paper rolls she wants.

GOOP WON'T TOUCH THE TP AFTER YOUR FILTHY HANDS HAVE BEEN ALL OVER IT.
GETTY IMAGES/MOODBOARD RF

4

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
@dorothyatmetro
dorothy.robinson@metro.us

Cher disses Miley Cyrus

Cher, the queen of sticking out her tongue, is weighing in on Miley Cyrus' recent tongue action. And she is so not impressed.

"She could have come out naked, and if she'd just rocked the house, I would have said, 'You go, girl,'" the rock icon says about Cyrus' performance at the 2013 MTV Video Music Awards. "It just wasn't done well. She can't dance, her body looked like hell, the song wasn't great, one cheek was hanging out. And, chick, don't stick out your tongue if it's coated."

5

2

CULTURE

Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

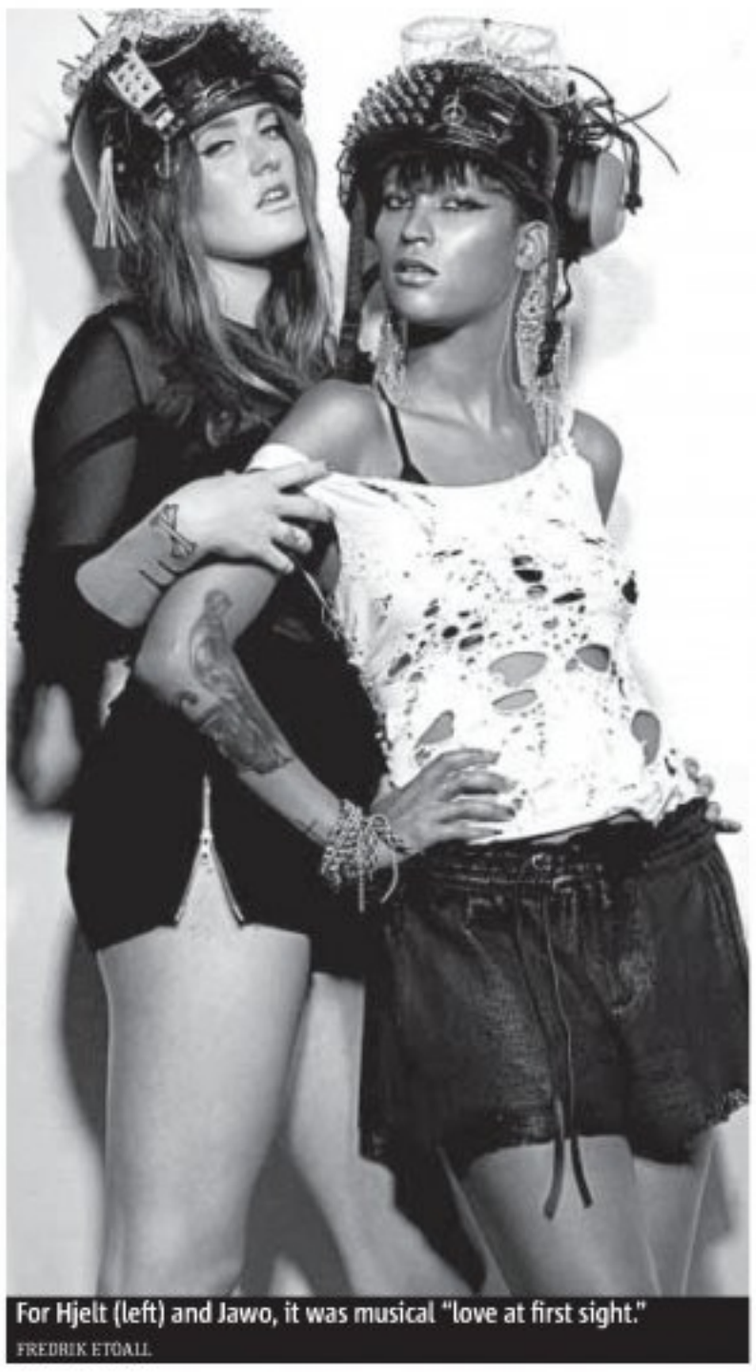
Ashton Kutcher has some writing to do, Lena Dunham is starstruck, Seth Rogen is feeling creative and Whitney Cummings is feeling lazy.

@aplusk: Yesterday was today's author and today will be tomorrow's but we each hold our own pen.

@lenadunham: You guys, not trying to brag but I was in an elevator with a model.

@Sethrogen: "If you pedal uphill enough, peddling flat feels like going downhill." - Lance Armstrong's biography I'm writing in my head.

@WhitneyCummings: I would totally do crack but I don't cook.


For Hjelt (left) and Jawo, it was musical "love at first sight."
FREDRIK ETOALL

Up all night together

Loving It. Icona Pop just wants to have fun.

Hard-partying young bands have a long tradition of trashing hotel rooms. On their most recent tour, however, Icona Pop's biggest offense wasn't throwing the TV off the balcony or throwing up in the ice bucket. It was scaring the crap out of the maid.

"In a closet, we built a little singing booth," says Caroline Hjelt, one half of the Swedish synth-pop duo. "And we were just in there screaming and singing together. We heard that someone was in the room, and we stepped out, and it was housekeeping. She got so scared, she didn't know what the f— was going on ... and then two girls come out from the closet. She was like, 'Oh my God, what's going on here?'"

If you go

Icona Pop

Sept. 22, 8 p.m.
Theatre of Living Arts
334 South Street
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www.livenation.com

What was going on there, explains Hjelt, was work. She and bandmate Aino Jawo have been on the road nonstop, touring behind their irrepressible dance party jam "I Love It" (off their 2012 EP), and have had almost zero time to spend in the studio recording their upcoming debut, "This Is Icona Pop." So they've gotten creative.

"This album has been hustling. We've been everywhere recording it," she says. "So we always make sure that we have a microphone, and we have our computers that we can work on, or cell phones, or whatever, that we can just record if we get quick ideas."

"I think people are going to hear the journey that we've been through," she continues. That journey has included recording sessions in countless cities across the world — in the backseats of cars, in parking lots and, yes, hotel room closets.

This DIY, devil-may-care aesthetic reflects the duo's sound, as well as their outlook on music. These are two girls who, frankly, just want to have fun. The two met at a party while in college, and it was "love at first sight."

"We just started writing without even talking about what kind of music we wanted to do," she says. "And when we started, we just looked at each other like, 'Oh my God, we have a band, and it's the best band in the world!'"

They wrote their first song the very next day. Two days later, they booked their first gig. And they've been partying together ever since. Unlike a lot of young musicians, who will demur and say that their stage persona, or their music, doesn't reflect their personal life, Hjelt is blunt about their lifestyle.

"I would lie to you if I would say that I don't like to party," she laughs. "We love dancing. We love good music. We love hanging out with people. And we've been having the best parties! We always have such a good time."

But, she cautions, their music isn't all about the next good time.

"Our goal is to make music that makes people feel. We like bittersweet music that you can both cry and laugh to, that you can have a little bit for every time," she says.

ALEXANDRA CAVALLO
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Top 8 films to see this weekend

Movies. Here's what's coming to (or is already at) your local googolplex.

Hugh Jackman shakes down Paul Dano in "Prisoners." / WILSON WEB

Must-see

1 'Prisoners' Hugh Jackman leads an all-star cast as a father whose daughter is kidnapped, so he winds up kidnapping a man (Paul Dano) he thinks is responsible (but might not be, even if played by Dano in full creep mode).

2 'Battle of the Year' One of these outsized dancer melodramas crops up every now and then. This one features a character named Dante plus noted abusive lover Chris Brown.

3 'The Wizard of Oz' 3-D Exactly as director Victor Fleming and company intended, the 1939 classic has been post-converted for our age of fake extra-dimensions. Don't get your eye poked out by Margaret Hamilton's monstrous green honker.

4 'Salinger' Noted recluse J.D. Salinger finally gets a splashy, albeit not entirely fawning, life-spanning documentary, which promises some well-kept shock revelations. (Spoiler: There are more Salinger manuscripts en route now that he's no longer alive to thwart their publication.)

5 'Thanks for Sharing' Mark Ruffalo, Tim Robbins and Josh Gad play recovering sex addicts working their way through a program while being tempted by the likes of Gwyneth Paltrow and Pink (in a surprisingly solid performance).

6 'You Will Be My Son' An intimidating presence in "A Prophet" and "War Horse," Niels Arestrup turns into a domineering father for this French drama.

7 'Populaire' This French rom-com stars Deborah Francois as a typing whiz who attracts the attention of a dashing exec (Romain Duris).

8 'Insidious: Chapter 2' It's only been three months since director James Wan and Patrick Wilson scared the bejesus out of people with "The Conjuring," so here's another. Enjoy it, as Wan is now stuck on the "Fast & Furious" franchise.

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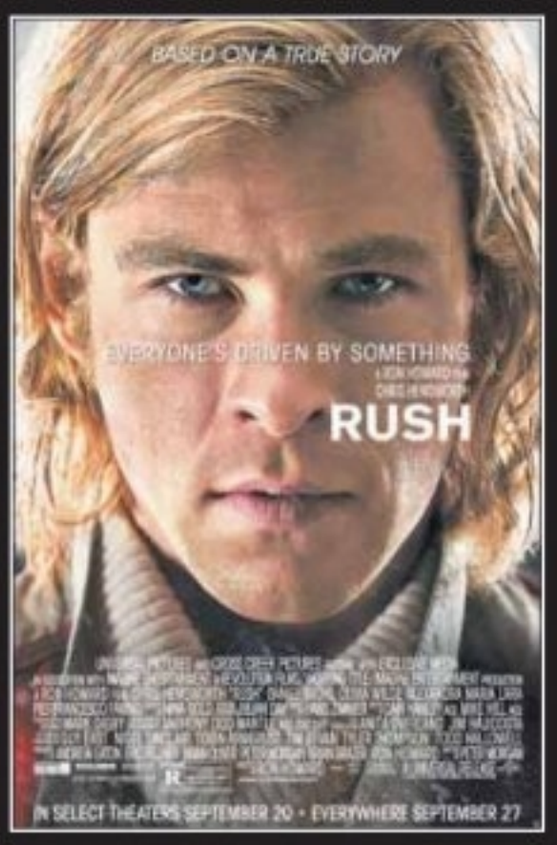

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TV watch list

COMPETITION

'Wipeout'

In the season finale, contestants with gross jobs, like poop scooping and roach poaching (their descriptors, not ours), have to compete in gross challenges to win gross amounts of money. It's going to be gross, is what we're saying.

SEASON FINALE, 8 P.M., ABC

GAME SHOW

'Money From Strangers'

To win money tonight, the contestants have to massage some muffins in public. Muffin Massage would be a really good name for a really bad band, by the way.

11 P.M., MTV

GAME SHOW

'Million Second Quiz'

Wait, it's already the season finale of this show? It feels like it just started, like, seconds ago. In the finale, the perfectly coiffed media robot known as Ryan Seacrest announces the interactive game show's winner.

SEASON FINALE, 8 P.M., NBC

REALITY

'Love for Sail'

This is a new dating show that takes place on a cruise ship. We have a feeling there will be a lot of men overboard tonight — jumping off to escape the desperate hordes of seasick/lovesick single women.

SERIES PREMIERE, 11 P.M., LRW

ALEXANDRA CAVALLO

If you want his money, massage his muffin. / MTV

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The five senses of fall

Get comfy. Now's a great time to make our homes cozier for the shorter, cooler days ahead.

Embrace autumn with plush throw pillows and scented candles. / PIER 1 IMPORTS

We all switch our wardrobes with the cooler days of fall, digging out our favorite sweaters and swapping sandals for boots. Fall is also a great time to make our homes cozier for the shorter, cooler days ahead. "There are plenty of inexpensive ways to make your home more snuggly and inviting," says Heidi Techner, director of the interior design program at Harcum College. "My favorites ways all involve appealing to the senses."

Techner suggests candles to fill your home with the fruity and woody scents that evoke fall. She recommends soy-based candles as a healthier alternative to petroleum-based paraffin. If you're the forgetful type, you can get battery candles so you don't have to worry about remembering to put them out.

It's easy to appeal to the sense of touch — we all like to snuggle up and get cozy this time of year. Combine plush throws in great textures with new covers for your throw pillows and you'll create a sofa perfect for cocooning. "Try one in an on-trend faux fur animal print," recommends Susan Matthews, a local decorator and home decor guest host for QVC. "They work as a neutral so they go with most decor styles."

The most important sense is sight. "Both candles and throws appeal to sight as well," Techner says. "They make great splashes of color against a neutral background."

Quoted

"There are plenty of inexpensive ways to make your home more snuggly and inviting."

Heidi Techner
Director of the interior design program at Harcum College

A more dramatic way to bring in that color, though, is paint. "You don't have to paint the whole room," she says, "you can just paint an accent wall, like the one your sofa or entertainment center is against, or your bed in the bedroom." She recommends dark red, forest green or chocolate brown for the most impact.

"My philosophy is, don't leave your style locked in stone," says Techner. "Change your home's accessories seasonally."

JUDY WEIGHTMAN
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PLUS

Area rugs

Getting cold feet?

"Warm up your flooring with area rugs," Matthews suggests. "Even if you have a wall-to-wall carpeting, you can layer [on a rug] to designate seating or dining areas. The fluffy sheepskin underneath my home office desk is a total treat for the toes as the temps drop."

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Forget spring! Now is a great

Landscaping. Don't put away that hoe just yet. There's plenty of gardening to be done.

Don't let raking leaves get you down — save them for spring mulch. / THINKSTOCK

Surprisingly, fall is not only clean-up time in your garden, it's also a great time to do some planting. Summer heat can be stressful for plants dealing with transplant trauma, but the cooler weather of fall gives them plenty of time to get established in their new homes before the soil freezes this winter.

Plant some greenery

In our region, fall is actually the best time to plant a new lawn. The ground is still warm but the moderate daytime temperatures mean that you may not have to water every day — but you will want to water several times a week.

Use a starter fertilizer when you sow the seed and then fertilize again three or four weeks later, and you should have a thick, healthy new lawn by Halloween.

As with grass, bigger plants appreciate the warm soil and sunny days of fall, and as with grass, you'll want to water trees and shrubs deeply and often while they settle in. There is one difference though: Don't add compost or fertilizer to the planting hole. If the soil immediately around the root ball is too rich, the roots will stay put instead of spreading out into the surrounding soil, which can permanently stunt the plant's growth.

Makin' mulch

"Autumn leaves are nature's gift, compost in the making for our landscape's benefit."

Charlotte Kidd, owner of In The Garden Design, Care & Workshops

Also, don't prune the new plant — that just encourages the plant to put out new leaves, and you want it to concentrate on its roots.

Go colorful

Fall is also the best time to plant bulbs for gorgeous spring bloom. In addition to daffodils — which come in a wide variety of shapes and colors — think about planting something now.

In addition to crocuses, plant Siberian squills, which have a lovely

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time to plant

bright blue flower, and snowdrops, which can bloom as early as February. All of these look great scattered in your lawn, or in a clump right near the front door, where you'll see them every time you come and go.

If all you have is a deck or balcony, you can still enjoy spring bulbs. You'll need a big container — at least two feet wide — that has holes in the bottom for drainage. Add potting soil that drains well and plant the bulbs as deep as they'd grow in the garden: 6-8 inches for tulips and daffodils and 4-5 inches for smaller bulbs like crocuses.

You can plant them in two layers in the same pot for an even more dramatic spring display. Water them well now, but after that you don't have to do a thing all winter.

Don't forget the leaves

After you rake your leaves, don't drag them out to the curb for pickup — "Autumn leaves are nature's gift, compost in the making for our landscape's benefit," says Charlotte Kidd, owner of In The Garden Design, Care & Workshops in Flourtown. "They're packed with nutrition: chemical elements we can easily recycle right back into our gardens to feed our favorite plants."

Come next spring, you'll want to shred them for mulch or use them as "brown" additions to your compost pile. In the meantime, pile them someplace inconspicuous or bag them for the winter.

If you want to get started now, "shred the leaves, then wet them and combine them with a nitrogen source like alfalfa meal, compost starter, grass clippings" Kidd says. "Turn them occasionally till next gardening season," when you'll find plenty of uses for this rich leaf mold.

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Make your patio festive for fall

Pumpkins. Try these tips for enjoying your outdoor space this season.

Head to Delaware County's 300-acre Linvilla Orchards to pick up some pumpkins for your fall decor. / R. KENNEDY FOR GPTMC

Most of us aren't quite ready to hibernate for winter quite yet — the crisp, sunny days and long, cool evenings are great for enjoying our outdoor spaces. The must-have for this is a fire pit.

These come in two main types: permanent ones of brick or stone that are built in place, and the pre-made kind you can get at the store. These portable fire pits, which can burn wood or gas, make sense for people who are renting or don't want to install one permanently.

"A fire pit is a great investment," says Heidi Techner, director of the interior design program at Harcum College. "Not only can you enjoy the warmth and light of the fire, you can roast hot dogs and marshmallows with the kids."

Of course, you want your deck or patio to look great during the daytime too. "Take those now-straggly petunias out of their pots and replace them with some mums," Techner advises, "or plant mums or ornamental kale in your flower beds."

Pumpkins make handsome seasonal decorations as well — they can last several weeks if they're intact. "Buy your Halloween pumpkin early," Techner suggests, "and put it out on your porch until it's time to carve it." A cluster of pumpkins and gourds looks great next to your front door.

You can also bring the outdoors in. "Accessorize with fall's found objects such as pine cones, chestnuts and dried leaves in decorative containers or across a mantle," Susan Matthews, a local decorator, suggests. "Arrange branches and turkey feathers in a tall glass vase filled with bird seed for an inexpensive sculptural element that will last through Thanksgiving."

JUDY WEIGHTMAN
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A cluster of pumpkins and gourds looks great next to your door.
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Fall plantings

"Take those now-straggly petunias out of their pots and replace them with some mums."
Heidi Techner, director of interior design, Harcum College

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London Fashion Week

11:22 a.m. Simone Rocha

This season, the Simone Rocha girl grew up. Eschewing her innocent femininity, she was rawer, more sexual and even more desirable. Pearl-embroidered stockings and pearl-encrusted collars mixed with tulle, silk, lace and crochet create an almost ecclesiastical effect. On paper this all sounds innocent, but the lace was wet-looking and the crochet appeared almost plasticized, which gave the collection a subversive undertone. A slick, moss-green leather coat with oversized lapels paired with a silk slip and stockings in a similar hue had a particular grimy but equally lusty feel. Rocha also explored new silhouettes, such as her knee-length slip dresses, which were a departure from her full-skirted signature. Factor in a haunting finale of three models shrouded in veils and layers of tulle, and you have one of London's most evocative runway moments of the week. **CHLOE MAC DONNELL**

SIMONE ROCHA
GETTY IMAGES

MEADHAM KIRCHHOFF
GETTY IMAGES

3:19 p.m. Meadham Kirchhoff

With a runway scattered with red and white roses and a series of broken trellises piled up at the catwalk exit, Edward Meadham and Benjamin Kirchhoff immediately set the tone for their signature romance with a dark twist. The designer duo's show is about the experience rather than just the clothes, and with a soundtrack featuring creaking doors and a heart beating — the pace quickening as each look appeared — it was an intense, almost creepy couple of minutes. But the clothes were beautiful. This season they took their technical work to the next level, with intricate beading and lace and satin stitch detailing finished to a flawless effect. In one series, tiny floral embroidered motifs were used on silk separates over which gold corset tops were layered. There was also lots of humor, with beaded teddy bear bags, graphic-cut sunglasses and boater-style hats. **CMD**

5 p.m. Lucas Nascimento

It's my last show of the week. I'm exhausted, but there's been so much hype surrounding Lucas Nascimento that I can't let myself crash quite yet. Everyone who hasn't yet left for Milan is here, and for the penultimate show of the schedule, there's a promising turnout. The first look is an all-black ensemble: A pair of tailored trousers is teamed with a knitted bath towel-looking top wrapped around the body. The look is simple, but the result is stunning. Later, the same idea comes in sunshine yellow, which adds a pop to a selection of sharp shaped skirts and clean-cut coats. Dresses appear tiered thanks to the way the fabric is draped around the body, and skirts have high slits. This is minimalism at its best. Evaded from the distraction of print or decoration, it is perfectly clear that the Brazilian designer has pure talent. **ALICE TATE**

LUCAS NASCIMENTO
GETTY IMAGES

PLUS

Celebs

Front row at Simone Rocha

Poppy Delevingne's eyes may be on the models, but with her phone in hand, she's clearly itching to get at her Instagram feed.

"Best-suited of all this year's FringeArts offerings to drop jaws of all ages."
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Funky Brown Chick

TWANNA A. HINES, M.S.

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ALL ABOUT IUDS: THE INVISIBLE BIRTH CONTROL

Don't settle for the same-old sex stuff you knew when you had braces or pimples. Although you may have sampled different sexual positions and partners before getting comfortable with your current jam, if you haven't been equally exploratory with birth control, it may be time to upgrade to a method that better suits you and your partner's current needs. If you're ready from some straight talk about the intrauterine device (IUD), below is a chart so you can get schooled on this increasingly popular choice.

First, a heads up: Lovers for whom pregnancy prevention isn't an issue don't need it, and the device won't protect you from sexually transmitted infections unless paired with a male or female condom.

According to Guttmacher Institute, almost 1 in every 10 American women using contraception in the 1970s chose IUDs. They

This tiny T does a lot for women looking for birth control they can "set and forget." / PHOTODISC

fell out of popularity and out of the market after a spate of miscarriages and infertility-inducing disasters. Scary stuff! Now, IUD's are back — offering better safety. More than 2 million American women use them — the highest usage rate in decades.

No one knows for sure how it works, but the IUD likely cockblocks sperm by preventing it from either entering the uterus or fertilizing the egg. A doctor inserts the T-shaped device, and it's effective as hell at preventing pregnancy. Undetectable, reversible and easy to use, once it is in, you're pretty much good to go.

I'm not going to tell you to let anyone shove a foreign object in your uterus without doing your homework. So, look below for a very quick overview to help you suss it out.

	Mirena	ParaGard	Skyla
Don't worry about birth control for years, unless it's removed.	5+ years	10 years	3 years
Understand how it might affect periods.	• Spotting • Irregularities • Amenorrhea (no period)	• Spotting • Irregularities • Amenorrhea (no period)	• Spotting • Irregularities • Amenorrhea (no period)
Know it pumps stuff into the uterus.	Releases a progestin hormone called levonorgestrel	Does not contain hormones, yet releases a small amount of copper	Releases a progestin hormone called levonorgestrel

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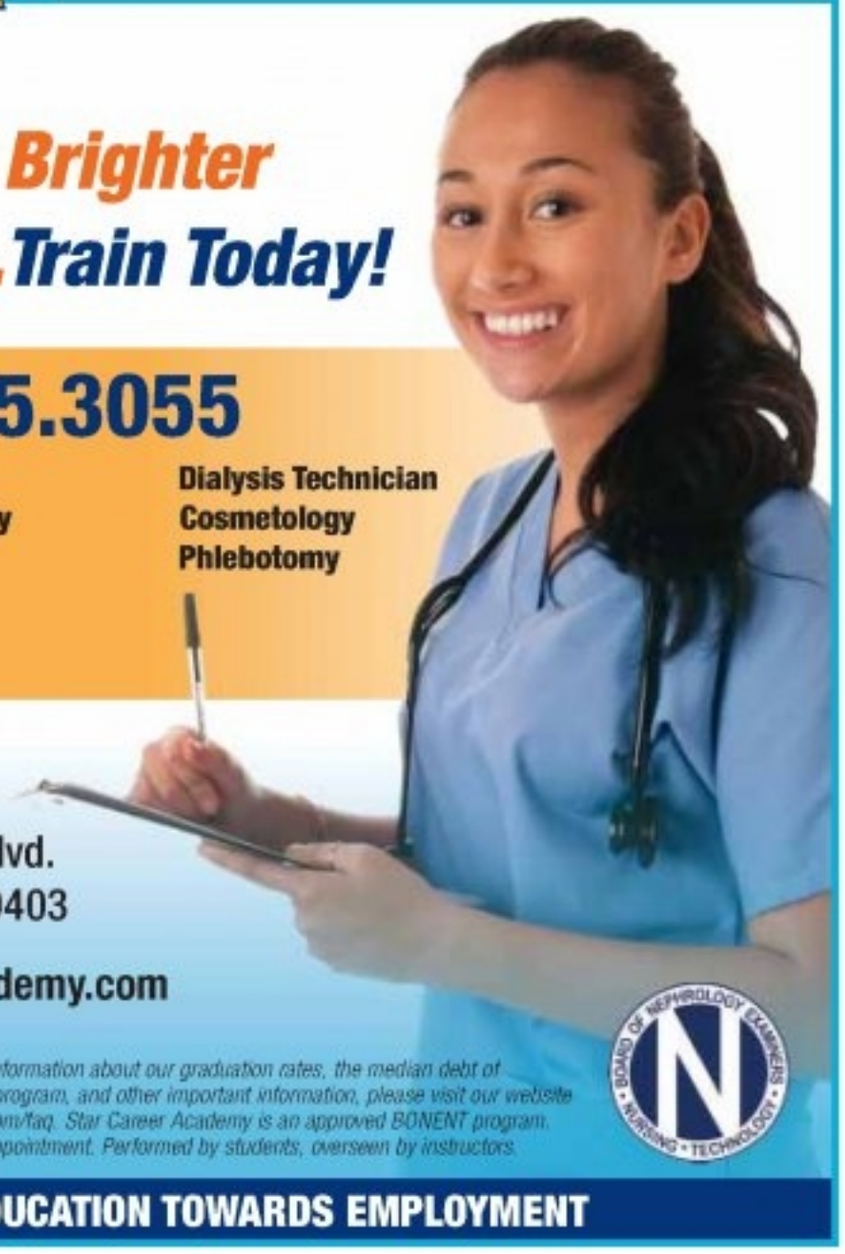

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Cucumber sandwiches

High tea at the Sofitel

Slip on your finest digs for "Dressed to a Tea." Liberte at the Sofitel (120 S. 17th St.) is celebrating The Philadelphia Collection — our version of Fashion Week — with high tea today, tomorrow and Saturday. For $35, nosh on mini-sandwiches and pastries and sip a complimentary Bellini while checking out fall fashions from Irina Sigal, Pileggi Boutique and SA VA Clothing. Don't forget to keep those pinkies up.

JENNIFER NGUYEN

Sip, Savor, Stroll your way though the neighborhood

Street fare. Mount Airy has good food too, you know.

Thousands of people showed up last year to check out Mount Airy's eats. / GO MT. AIRY

It's easy to get stuck in Center City's food bubble, with maybe the occasional dip south to East Passyunk Avenue's strip of restaurants, or a westerly sojourn into West Philly for Ethiopian injera. And who could blame you? The options are boundless, and the quality of cuisine has raised the proverbial bar so high that it's sometimes difficult to remember the possibilities that lie just to the north. Tonight's "Street Fare: Sip, Savor, Stroll" in Mount Airy is your ticket to taste what's really out there.

For the most part, this sampling of the neighborhood is not unlike other street food events. And that includes Night Market, which was Street Fare's original moniker. What makes this shindig different from the others is that you haven't been there yet. This, of course, is assuming that you're not one of the 11,000 people that hit the streets last year.

"Nobody knows what we've got going on over here, and that's a real problem," says Kim Alvarez, co-owner of Avenida, a Latin restaurant on Germantown Avenue. She likes that food fests pull the curtain back and give customers a peak at the goods.

"They're a lot of work, prep and schlepping, but you're out there hawking your wares, and people love that," she says. "People love to get a chance to talk to people that they normally don't see when they come into a restaurant. You actually have some face time, and people get to see the personality behind the restaurant."

Elizabeth Moselle, director of commercial corridor revitalization and the business association of Mount Airy, knows how to get people interested. "We're trying to harness the power of the popular food trucks and then wow people with the neighborhood," Moselle explains.

Many of the trucks we've already seen around town. But there will also be Mount Airy brick-and-mortars bringing their food right to the street. This is what makes the trip to Mount Airy worth it for those of you who hate to go anywhere where City Hall isn't visible in the distance.

Get in line for tasty treats at Sip, Savor, Stroll. / GO MT. AIRY

If you go

Sip, Savor, Stroll

Tonight, 6-10:30 p.m.
Germantown Avenue, from Sedgwick Street to Mount Airy Avenue
Pay as you go
www.gomtairy.com

JULIA WEST
letters@metro.us

Try these

Four not to miss

1 **Avenida** Stop by for Latin food and red or white sangria.

2 **Earth Bread + Brewery** Try the honey jasmine beer. Seriously, don't miss your chance to taste this beer. Earth Bread makes each of its beers only one time. No repeats.

3 **Jyoti** This is the place for Indian cuisine, specifically the perfectly spiced kati rolls.

4 **Little Jimmie's Bakery** Save room for sweet potato cupcakes and meet one of the sweetest guys in the neighborhood, Little Jimmie himself.

DAN MARTINO

Bourbon month

Luge shots
If you haven't been to Pennsylvania 6 yet, it's time to "luge yourself" (the restaurant's words, not ours). Through Saturday, to celebrate National Bourbon Heritage Month, get a free "luge" shot of Woodford Reserve when you order the bone marrow. To drink it properly, gobble up the dense-but-spreadable marrow, then pour the bourbon down the empty bone — into your mouth.
114 S. 12th St., 267-639-5606, www.pennsylvania6philly.com /RV

Union Taco offers a twist on Mexican street food

Nick Farina is opening Union Taco at 7th and Girard. / VERDAD RESTAURANT & TEQUILA BAR

Hot chef. Nick Farina tells us about his new taco joint — and how to keep a Phillie fed.

This fall, Philly will see the opening of Union Taco, courtesy of chef Nick Farina. He intends to work at both the new taqueria and his existing tapas restaurant, Verdad Restaurant and Tequila Bar in Bryn Mawr. We chatted with Farina about Union Taco's tentative opening date — Oct. 8 — and his reasons for choosing 7th and Girard as the future home to his new joint.

Union Taco has a few elevated options on the menu, like duck, fig and manchego flatbread. Why go this route rather than a basic taqueria?
I guess because I love that flavor profile. The concept here — and really our motto — is "where the gringo meets the streets." It's Mexican street food with an American twist.

You've got Verdad in Bryn Mawr. Why open Union Taco in the city?
We don't have a presence in the city, and this will give us one. I love the demographic there — I love the mix of people. And really, being in the city is fun. My thought process is that area is making a real push forward and if I'm there I'm ahead of the curve — or at least right with it. I came onto the Main Line after it became an established area. But with Union Taco I'm a little bit ahead.

You were once a personal chef for Phillies catcher Mike Lieberthal. How was that?
That was interesting. And different. I would go make him breakfast, then, while he was eating it I would make dinner and he would wrap it up and eat it after a game. It was neat to see how somebody who plays a sport like that lives his life.

JULIA WEST
letters@metro.us

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A band so nice that you'll say it twice

Opening act.
Wildcat! Wildcat! are worthy of the exclamation points in their moniker.

Wildcat! Wildcat! are, from left, Michael Wilson, Jesse Taylor and Jesse Carmichael. / NOLAN GAWRON

In today's industry-driven musical climate, it's very rare and all the more refreshing to see a band grow strictly through word-of-mouth and hard work. And if there's any justice out there, you'll be hearing a lot from Wildcat! Wildcat! in the near future.

A Los Angeles three-piece featuring Jesse Taylor on bass, Jesse Carmichael on drums and Michael Wilson on keys, the players have known each other since high school, and while they've worked together before, Wildcat! Wildcat!'s musical journey began very recently — and at first had no intention of becoming an actual long-term project.

"I think we played our first show Jan. 31, 2012," notes Wilson. "This was just a project that we were doing for fun and for ourselves to listen to and be excited about. It was literally supposed to be just one show that we really wanted to play. We put out a couple songs before the show, and it ended up being super-packed. ... After that we had to decide if we were going to slingshot forward ... but instead we chose to get to know ourselves, our sound and our band a little more."

Beginning the year with only a limited edition 7-inch and a few tracks on Soundcloud available to their listeners, the band continued to build a loyal hometown fan base and performed well-populated residencies before hitting the road for SXSW. Playing eight shows in just four days, they quickly became Metro's favorite discovery and known to many as one of the festival's hardest working unsigned bands.

"It was really strange because the audience started singing the songs that weren't even out," says Wilson.

If you go

Wildcat! Wildcat!
with MS MR
Tonight, 8:30
First Unitarian Church
2125 Chestnut St.
SOLD OUT

NOLAN GAWRON
letters@metro.us

Releasing music quickly

The fans are getting restless

Look for Wildcat! Wildcat!'s self-titled EP, released last week on Downtown Records. While it contains many of the songs that caught the eyes and ears of those in the know, it's the perfect teaser while the band and their fans wait for the release of their debut full-length.

"We want to get our music out as quickly as possible," says Wilson. "The fans we have have definitely waited a while. We want to move on as artists as well. We want to do a new album and write more. We had mentioned early next year, like March or April, and we're really striving for that."

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Dear Homeowner, this notice is a final response to previous notices you may have received. Great news! Government insured programs are still available for home improvement projects. The US Department of Housing and Urban Development (HUD) under Title One of the National Housing Act has made financing programs available to YOU, the qualified homeowner. The Energy Conservation Loan Program (ECLP) is approving applications for home improvement and repair regardless of income or home equity.

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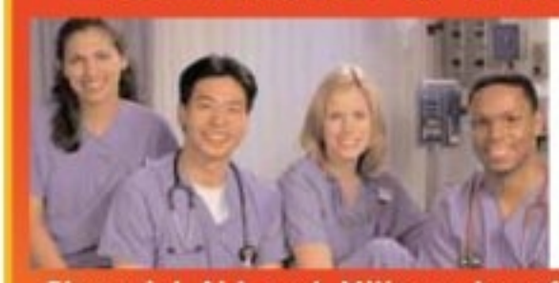

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FESTIVAL

3D Chalk Art Festival

Through Sept. 22
10 a.m.-6 p.m.
South Indiana Avenue, between Pacific and Boardwalk
Atlantic City
Free, 609-348-7100
www.atlanticcitynj.com
These aren't the average chalk art designs you used to make as a kid in your driveway. Prepare to be blown away by this Atlantic City street that will be transformed into a one-of-a-kind "museum" with interactive 3-D chalk masterpieces. Fourteen artists from eight countries will be putting together these spectacular works that are sure to impress everyone in your family.

FASHION

The Philadelphia Collection

Through Sept. 25
Various locations
www.thephiladelphiacollection.org
Philly's annual fashion celebration has more than 75 events going on all weekend long in celebration of all things fashion. Grab your girlfriends and get your hair done at Giovanni & Pileggi at a discount, then check out the Affordably Made in USA Trunk Show featuring local designers Duke & Winston and Jay McCarroll. Men, they didn't leave you out on all the fun! There are happy hours and complimentary shoe shines at various shops and restaurants.

MUSIC

Third Thursdays Live and Local

Tonight, 7-10 p.m.
Race Street Pier
Columbus Boulevard and Race Street
Free
www.delawareriverwaterfront.com
Free music and free beer? Now we've got your attention. The final concert of this series features local hip-hop artist Chill Moody, electronic-rock group Osiris Rex and the Joe Jordan Experiment, plus a variety of brews from Philadelphia Brewing Co. at a pop-up beer garden. There will also be a ticket giveaway for the Kid Cudi and Tyler the Creator show on Sept. 26 at Festival Pier.

Michael Franti and Spearhead

Saturday, 8:30 p.m.
Electric Factory
421 N. 7th St.
$30, 215-627-1332
www.electricfactory.info
Michael Franti got a lot of people's attention with the lively hit "Say Hey (I Love You)" in 2008, and he hasn't lost steam since. He is now on tour in support of his recently released album, "All People," which already has a Top 5 hit on the AAA chart with the first single, "I'm Alive (Life Sounds Like)." With a contagious blend of funk, reggae and rock, his upbeat music is sure to put you in a jovial mood.

FOOD + DRINK

Yards' 5th annual Smoke 'Em If Yous Got 'Em

Sept. 22, noon-4 p.m.
Yards Brewing Co.
901 N. Delaware Ave.
$50, 215-634-2600
www.yardsbrewing.com
Calling all barbecue and beer lovers. This festival features barbecue paired up with an impressive selection of 25 to 30 smoked beers such as Stone Smoked Porter and Stoudt's Smokin' Hot Helles to name a few. Amateur competitors from the Philly area will be serving their brisket, ribs and all sorts of barbecue inside and outside, and live music will be playing all afternoon. Sounds like a smokin' good time. It's happening rain or shine, and you must be 21 to purchase tickets. Designated driver tickets are also being sold.
JULIE SHANNON

We want you

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Have an upcoming event that you want to let Metro readers know about? Send an email to phillyevents@metro.us and we'll get it on our new listings website.

Listings with shaded backgrounds are sponsored.

ART

AMERICAN SWEDISH MUSEUM

'The Enduring Designs of Josef Frank'

Opens Sept. 22, 4:30 p.m.
American Swedish Historical Museum
FDR Park
1900 Pattison Ave.
Free with museum admission, 215-389-1776
www.americanswedish.org
Austrian-born designer and architect Josef Frank was a leading pioneer of Swedish Modern design who emphasized comfort and informality, producing fanciful designs inspired by nature. Frank's lavish use of bright, bold colors and floral patterns quickly became popular with a host of Swedish designers and clientele. A gallery talk will be given by museum curator Carrie Hogan, and light refreshments will be served. Plus, guests who register in advance will be entered into a drawing to win an original Josef Frank pillow. The exhibit runs through spring 2014.

FESTIVAL

BRAUHAUS SCHMITZ

Oktoberfest Block Party

Saturday, noon-8 p.m.
Brauhaus Schmitz
718 South St.
Pay as you go, 267-909-8814
www.brauhausschmitz.com
This block party is the highlight of Brauhaus Schmitz's weeklong Oktoberfest Street Festival going on until Sept. 26. The 700 block of South Street will be shut down Saturday and be filled with oompah music from The Heimatklange Band, too many German brews to count and 2,000 pounds of sausage and pork. That's right — 2,000 pounds!

FESTIVAL

PHS

PHS Fall Garden Festival

Saturday, 10 a.m.-7 p.m.
The Navy Yard
4747 S. Broad St.
Free, 215-988-8800
www.phsonline.org
Need help sprucing up your house for the fall? Check out the gardening workshops offered by local experts and shop for a wide variety of plants and decorations from different vendors. If you're in a competitive mood, you can enter the Harvest Bounty Competitions by creating an arrangement of seasonal flowers, vegetables and herbs from your garden in the "Garden Bounty" category or create an arrangement of your biggest tomatoes, cabbages and other vegetables in the "Garden Giants" category. Just don't get scared away by the scarecrow competition, featuring scarecrows fashioned into 6ABC newscasters.

Horoscope

♍ Virgo | Aug. 23-Sept. 22. Helping someone financially will not turn out as planned. Don't expect to get anything in return for your gesture.

♎ Libra | Sept. 23-Oct. 22. Use your skills wisely today. You may be asked or expected to offer your services for free, but this won't pay the bills.

♏ Scorpio | Oct. 23-Nov. 21. Exploring new friendships or hobbies will increase your own self-awareness. Share what you know, and you will enrich someone's life as well as your own.

♐ Sagittarius | Nov. 22-Dec. 21. Add to your comfort. Communicate and encourage change. A financial boost could be coming.

♑ Capricorn | Dec. 22-Jan 20. If you're faced with an array of options, choose the one that promises the most. Don't fear taking an unusual path. Express your views openly.

♒ Aquarius | Jan. 21-Feb 18. It would be wise to make changes in the way you handle your cash. Budget so you can afford the things you want without feeling financial stress.

♓ Pisces | Feb. 19-March 20. The lure of the unfamiliar may be enticing, but success comes from sticking to what has worked well.

♈ Aries | March 21-April 20. Keep a lid on your emotions. You don't want to give anyone the upper hand by revealing your true feelings. Listen and ask questions..

♉ Taurus | April 21-May 21. Don't take opposition personally. Accept criticism, but don't change your ideas unnecessarily. If you avoid conflict, you'll have an easier row to hoe.

♊ Gemini | May 22-June 20. What you offer others will in turn help you. Get involved in community affairs that can make a difference to your life.

♋ Cancer | June 21-July 22. Enjoy outings that will inspire you to be creative. Stick to basics and to incorporate your own unique footprint.

♌ Leo | July 23-Aug. 22. Look for opportunities and recognize good fortune when it comes your way. Refuse to let the actions of others slow you down.

BERNICE BEDE OSOL

Sudoku: Easy and hard

			5	6				
	3					9	6	
	6					2	8	4
		6			1	8		2
		1	4		7	6		
8		3	6			7		
4	9	5					3	
	7	2					9	
				7	5			

			7					
9	7			6	5			2
				9	8		3	
		4	6		7		9	5
	1						7	
7	2		5		4	6		
	8		3	7				
1			2	5			8	3
					6			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Letters

There's nothing natural about GMOs

Re: 'Take a kinder look at good old-fashioned GMOs' (Metro, Sept. 16) Letter-writers Matt Brosnan and Kelton Barnsley sound like GMO spokesmen when the try to convince us that "genetic engineering is simply a much faster and more precise" form of the "selective breeding and the hybridization of plants" that farmers have been doing for centuries. What about the fact that arctic char "antifreeze protein" genes have been spliced into strawberries to give them greater resistance to freezing cold? Can Messrs. Brosnan and Barnsley explain to us how traditional farming would have hybridized strawberries with a kind of ocean fish? Please! Who are we fooling here? And, by the way, that is not an aberration, but rather a typical, in fact emblematic example of how GMOs operate.

PASQUALE G. TATO, VIA EMAIL

Matt Brosnan in totally off-base in his assertions and only adds to the inaccuracies pertaining to GMOs. There is a HUGE difference between cross-pollinating and crossbreeding versus GMOs. Crossbreeding and cross-pollinating use natural reproductive mechanisms to combine genetic material from the same or closely related species (it's why humans cannot crossbreed with animals), whereas GMOs allow for a "random" selection of genes from one organism to be inserted into the DNA of another organism. GMO tomatoes may be spliced with pig genes to prolong its growing season, this would not occur "in the natural world." Crossbreeding and cross-pollination are natural phenomenon; GMOs are manufactured by biotech companies and created in a laboratory.

SHAWN BROOKS, VIA EMAIL

letters@metro.us

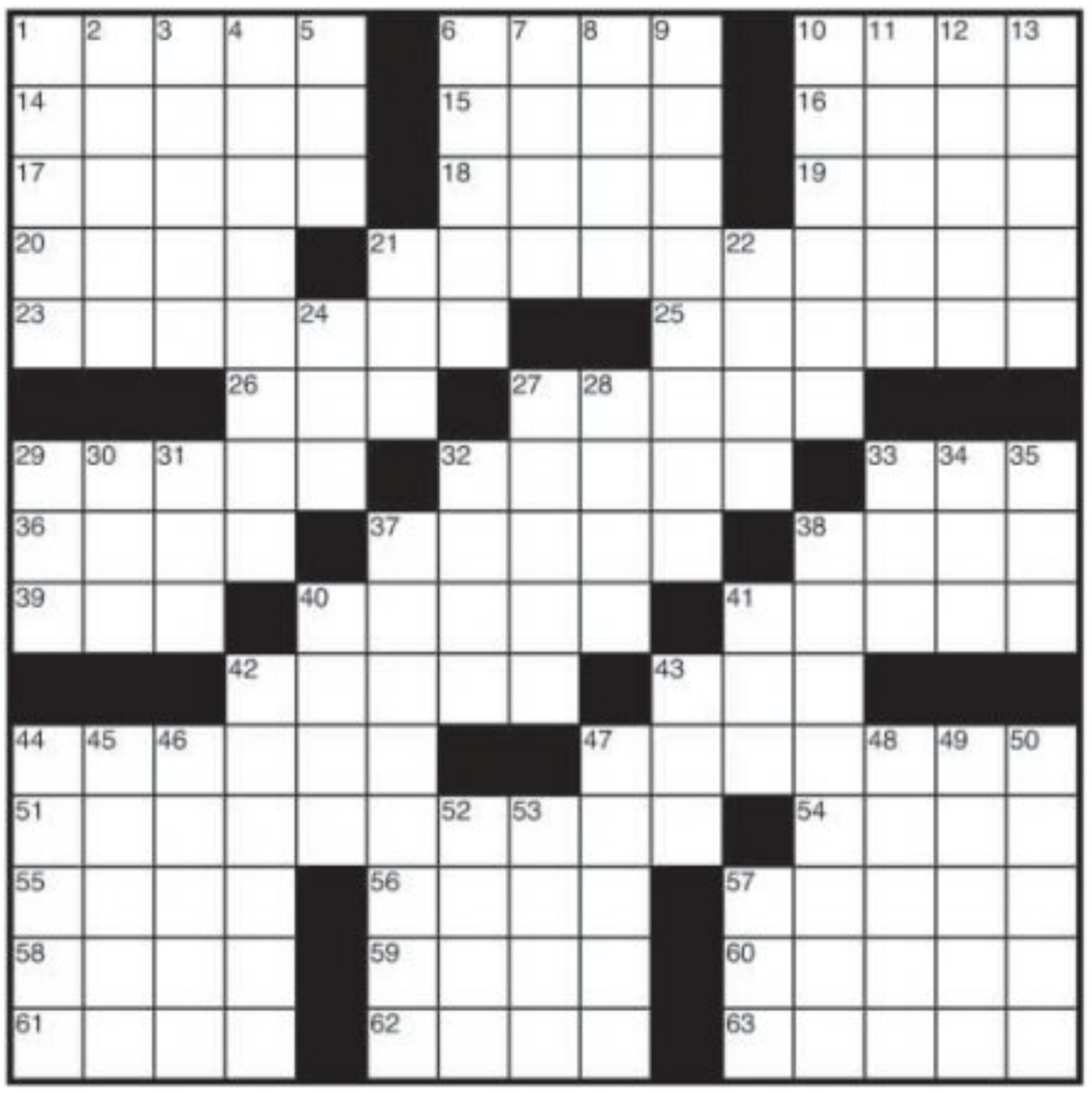
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Crossword

Across
1 Range of view
6 Reverberate
10 Hiss
14 — grinder
15 Dumpster output
16 Got threadbare
17 Breathing spells
18 Trevi Fountain coin
19 Classes
20 Footnote word
21 Bargain hunter's delight (2 wds.)
23 Ruin
25 Aristocratic address
26 Chafe
27 Toe coverers
29 Sajak or Trebek
32 "Great" dogs
33 — chi ch'uan
36 Ran fast
37 Whirls around
38 Singer – McEntire
39 High-tech scanner
40 Reinforce
41 Sheba, today
42 Outback minerals
43 Untold centuries
44 Titania's spouse
47 Dunk
51 Department store models
54 Healthy
55 "It was — — mistake!"
56 Pakistan's language
57 In force
58 Solar radiation
59 Disney CEO Bob —
60 Miss a syllable
61 Mr. Luyendyk
62 — majeste
63 Banana oil, e.g.

Down
1 Reliable
2 Makeshift
3 Looks at boldly
4 Where to find dates (2 wds.)
5 Naval off.
6 "Gosh!"
7 Comic-strip dog
8 Mrs. Charles
9 Music awards (var.)
10 Fudge ice cream features
11 Oktoberfest tune
12 Teed off
13 Fractious
21 Watch chain
22 Has a fever
24 Paris street
27 DEA agents
28 "Green Gables" redhead
29 List shortener
30 Kiwi's kin
31 PC monitor
32 Kind of citizenship
33 Speaker pro —
34 Mr. Vigoda
35 John, in Aberdeen
37 Serene
38 Extensions
40 Lodge letters
41 — Kippur
42 Flowery
43 911 responder
44 Nebraska hub
45 Hay machine
46 Premier Zhou —
47 Accustom
48 Fixed the pilot
49 Trombone adjunct
50 Tribal adviser
52 Prevail upon
53 Time to beware
57 Notch shape

Yesterday's answer



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Kelly faces off with new-look Andy Reid

NFL. The opposing coaches have influenced each other in multiple ways on and off the football field.

Chip Kelly is an innovator, but so was Andy Reid when he first took over as Eagles coach back in 1999. / GETTY IMAGES

When Andy Reid takes his place on the visitors' sideline tonight, he might get a sense of deja vu as he glances across at the Eagles' sideline.

Looking over there, he'll peer into the eyes of Chip Kelly, the man considered by many to be the most innovative coach in the NFL. Funny thing is, the two men are friends. Reid reached out to Kelly after he replaced him in Philadelphia.

"I talked to Andy when I got the job, and he said to be yourself," Kelly said. "I told him I had big shoes to fill, and he said you'll do a good job, and that was it."

It wasn't that long ago that Reid was doing the same thing. The former Eagles coach was lauded for his unique take on the West Coast offense, filled with short screens and double tight-end sets. The formula led to five NFC championship games and one Super Bowl berth.

"I have great respect for Andy," Kelly said. "He was the head coach here for 14 years. And if you're a coach in the NFL, anybody that coaches at one spot for 14 years, you look to them and say, 'Holy smokes.'"

Kelly, in his first season with the Eagles, is driving defensive coordinators mad with his up-tempo scheme. He cares little for convention, often running plays in less than 20 seconds and getting the maximum amount of snaps he can in a game. Kelly loves striking quickly with slants and bubble screens, while keeping the defense off-balance with the threat of the read-option.

More than that, it's his overall approach that is turning heads. Kelly blares pop music at practices, employs a sports science coach and puts an extreme emphasis on proper nutrition and conditioning.

Great minds must think alike then. Turns out, Reid is incorporating some of Kelly's principles in Kansas City. He ran a form of the "pistol" offense last week against Dallas, playing to quarterback Alex Smith's strengths.

"This isn't a cookie-cutter offense. It's not what they ran in Philly," Smith said in July. "It's not what he ran in Green Bay when he was there. He's gonna try and tailor it to our strengths and what we do well."

Sure, part of it is personnel. But another part is evolution. Reid is adapting to the game of football as the game of football changes rapidly around him.

"Life is continuously changing. That's all part of it," Reid said. "There are certain things you hold strong to and there are other things that you go with that might be a little bit better and that you can learn from. I thought change would be good."

MICHAEL GREGER
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3 SPORTS

Roc in the building

Birds ink practice corner

The Eagles signed CB Roc Carmichael off the Houston Texans practice squad yesterday and placed CB Brandon Hughes on the short-term IR with a hamstring injury. Carmichael, 25, was a fourth-round pick in 2011 out of Virginia Tech. It is expected Hughes will be released when he returns from his injury.

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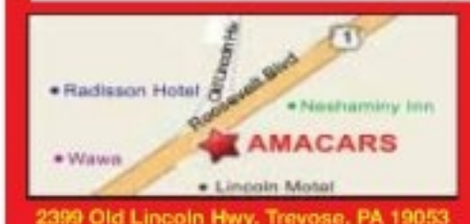

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Inside the matchup: Eagles prep for Chiefs

NFL. Metro asks a few burning questions in anticipation of tonight's big game at the Linc.

Trent Cole knows Andy Reid likes to pass, and he's ready to rush Alex Smith. / GETTY IMAGES

The Chiefs are playing the Eagles today (8:25 p.m., NFLN) in the most anticipated game on the Philly schedule.

There isn't a shortage of storylines in this one, especially from a fan's perspective. However, let's focus on football for a minute. Here's what we're watching:

1 Can the Eagles stop Jamaal Charles?
Kansas City's starting tailback is one of the best in the game, and Reid is using him the same way he used Brian Westbrook when he was here. Charles has been a factor in both the run game and the pass game, averaging 16 carries on the ground and five receptions. He has accounted for 203 total yards.

2 Can the Birds defense generate a pass rush?
After a surprisingly strong showing in Week 1 — the Eagles recorded three sacks — the front seven struggled mightily last week. Yes, they did register one sack, but they rarely got close to Philip Rivers. Expect a renewed commitment to the pass rush, which may include rushing cornerbacks and safeties in blitz packages.

3 Has Andy Reid really changed his ways?
We've heard a lot about how the coach has been running the ball more, even adding a read-option look. However, the knock on Reid here was his love affair with throwing the ball. When asked if knowing Reid's tendencies would help the Eagles defense, Trent Cole joked, "Pass. … I'm done."

4 Does Reid have the upper hand?
It's hard not to think he won't have a huge advantage in this one. After all, he's the guy who drafted a large majority of the Eagles' roster. He's also the coach who resurrected Mike Vick. If he does, Reid wouldn't admit it. "I don't think it hurts you, I don't think that happens," he said. "But, after that, you still got to go play. That's what you still got to go do."

5 DeSean Jackson or LeSean McCoy?
The Chiefs have a tough task on defense deciding whether to load the box to take away LeSean McCoy — something the Chargers did in Week 2 — or put a safety over the top to protect against DeSean Jackson's breakaway speed. It's a case of picking your own poison.

MICHAEL GREGER
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Evolution of Andy

All indications are that Andy Reid has changed his philosophy. Here are the changes Reid has brought to Kansas City:

- Reid is focused solely on coaching the Chiefs, leaving the bulk of the personnel decisions to new GM John Dorsey. He said that move alone has re-energized him. In Philadelphia, Reid was also vice president of football operations.
- He's inserted music into Chiefs practice sessions, something he learned from Chip Kelly. A recent playlist included Metallica, AC/DC and Guns N' Roses.
- On the football field, Reid has a handful of read-option plays for quarterback Alex Smith, and he's transitioned to a 3-4 defense under defensive coordinator Bob Sutton. With the Eagles, it was mostly pass, and he stuck with the 4-3.

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McNabb set for ceremony retiring jersey

NFL. The Eagles will retire No. 5 at halftime tonight in enshrining the former QB in the team Hall of Fame.

McNabb is in town, too.
GETTY IMAGES

Maybe lost in the shuffle tonight will be the retirement of Donovan McNabb's No. 5 jersey. Then again, maybe that's for the better.

With so much attention being paid to Andy Reid's return and Chip Kelly's ever-evolving offense, McNabb might feel a little cheated. The greatest quarterback in Eagles franchise history will be honored at halftime as he enters the team's Hall of Fame.

McNabb, the No. 2 overall pick in the 1999 NFL Draft, was often criticized by fans during his tenure, but never by his former coach.

"I thought our organization felt this way — we thought he was the best," Andy Reid said of McNabb. "Best fit for Philadelphia, best fit for our offense. I think history has said that. The things that he did for that franchise ... he had a great relationship with me, but he also had a great relationship with Jeff [Lurie] and Joe [Banner]. That pick was a win-win for everybody."

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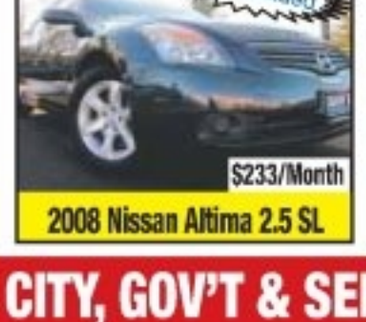

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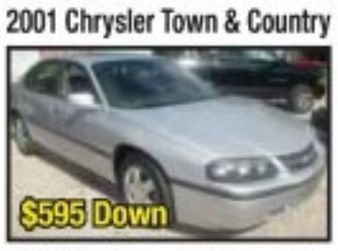

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Doc Halladay wants to take mound again

MLB. The former Phillies ace may have pitched his last home game at Citizens Bank Park.

Roy Halladay may have pitched his final home game in a Phillies uniform. If it was, at least he walked off the mound a winner.

The former Cy Young winner gave up just one run on four hits in six innings Tuesday night in a 6-4 Phillies win. Halladay (4-4, 6.71 ERA) is a free agent after the season, and there have been no talks of resigning the aging pitcher.

"Honestly, I did not think about that," Halladay said of the win possibly being his last home start. "That's out of my control. I'm going to continue to play as hard as I can for the organization and my teammates."

METRO

Halladay got the win Tuesday night in a 6-4 Phillies victory.
GETTY IMAGES

NFL

Goldson wins his appeal

Dashon Goldson had his one-game suspension overturned by the NFL. The Tampa Bay safety will have to pay a $100,000 fine for a helmet-to-helmet hit on the Saints' Darren Sproles.

Goldson's Bucs play at New England this week. He was fined $30,000 for a vicious hit the week before. NFL commissioner Roger Goodell said players were still learning how to adapt to the league's new rules on safety. METRO

NFL

Clady out, placed on IR

Broncos Pro Bowl left tackle Ryan Clady is out for the season with a Lisfranc tear in his left foot. He'll undergo surgery, and he was placed on the injured reserve list yesterday.

Former Eagles tackle Winston Justice will fill his roster spot. Backup Chris Clark will start in Clady's absence. Clady, of course, had protected Peyton Manning's blind side. METRO

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Pursuant to the Pennsylvania Self Storage Act Pennsylvania Statues, 73, Chapter 26, 1901 et seg,. A Public Auction Will take Place on **09/26/13** at the below listed Public Storage Facilities for the follow units/Tenants. The Contents of which shall satisfy the Owners Lien. **Public Storage Located At, 6301 Tacony St Philadelphia PA 19135 at 11:00 AM (215) 333-3138.**

A103 - Couse, Jonathan • A105 - Lane, Chris • B186 - Gonzalez, Justo B187 - Munski, Danielle • B198 - Gaffigan, William • C310 - Lavin, Thomas C331 - Fichera, Frank • C357 - Kulha, Jason • A087 - Joanne Hoffner A065 - Murtaugh, Diane

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PS ORANGECO,INC

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1057 - Ford, Shajuan • 1063 - Edwards, Rebecca • 1100 - Felder, Lena • 1107 - Jamison, Darryl • 1132 - Yates, Kristoffer 1156 - Kelly, Thomas R • 1266 - Newell, Ashley • 2002 - Santiago, Gloria • 2012 - Cox, Janell • 2022 - COLLINS, David 2026 - Murphy, Eric • 2074 Toledo Jr, Oscar • 2084 - Atcherson, Maria • 2099 - WILSON, HANEEF • 2114 - Drewitt, Veda 2166 - Ellison, Tanesha • 2211 - Sims, Rasheem • 2273 - Blackson, Quiana • 2303 - Williams, June • 3077 - Bryant, Marcus 3365 - Strickland, Marcus

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A192 - Covollo, Jeanette • B024 - Morant, Deborah • B055 - Manlove, Nolana B154 - Roscioli, Gina • D029 - Hess, Libby • D040 - Rembish, Michelle E034 - Scott, Eric • E075 - Holmes, Brenda • A100 - Mullen, Jacqueline

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A104 Williams, Jacqueline • B216 Pearson, Richard • B234 Anderson, David D425 Clough, Roland • H814 Thomas, Greorgy • K1368 Mcguigan, Shannon

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A854 - Prisy, Steven • G614 - Tebb-Henderson, Chris • A876 - Dennis, James • G618 - Parson, Tracey • B203 Krawitz, Robert G631 - Viola, Louis • B218 - Rodenbiser, Todd • G656 - Harris, Damon • C265 - Gibson, Douglas • G666 - Tollefson, Don C316 - Sylvek, Harry • P111 Cherry, Ronald • C331 - Ortiz, William • P118 - Tollefson, Don • G472 - WDPLLPCS • P145 - Mcqueen, Sharyn E491 - Ripe, Diane • E518 - Wright, Jacqueline • F547 - Katz, Robert • F548 - Tollefson, Don • F581 - Katz, Robert

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A119 - Wilson, Belinda • A137 - Bass, Terrie • A139 - Obes, Eddlove • A240 - Williams, Anthony A347 - Tilghman, Kim • A418 - Dixon, Travis • A560 - Young, Kiana • A610 - Lewis, Anthony A627 - Simpson, Jeffrey • A769 - Giles, Kelli • A879 - De Matos, Wesley • B1504 - Blount, Darryl C2200 - Ramirez-Clarkson, Jaclyn • C2320 - Agbede, Sharon • C2403 - Leibhen, Manushka

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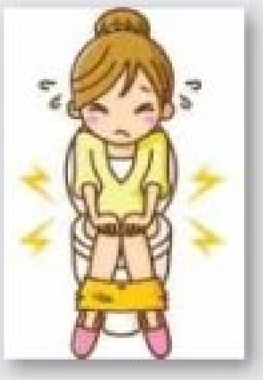

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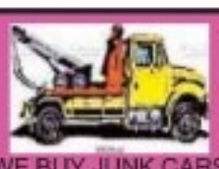

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